# Welcome Back – We Missed You!

As you return to Envision CDS programs, please know that your safety and the safety of our staff members is the most important thing to us. Envision is following the DHS Re-opening Guidelines as well as recommendations from the Center for Disease Control (CDC), the Illinois Department of Public Health (IDPH) and the Chicago Department of Public Health (CDPH). Because of that, CDS programming will not be the same when you return, many things will be different. Some of the differences will include:

- Some people who used to attend our CDS programs may not be able to attend for awhile. People with certain health concerns and senior citizens may choose to stay home. Some people who have a hard time wearing a mask or staying 6 feet away from other people may also need to stay home for awhile. If you or one of your friends needs to stay home, we will practice with you so you might be able to come back sooner. If that doesn't work, we will wait to welcome you back when the pandemic is over.
- You may not be returning to the same Envision CDS center you attended before the pandemic. Of this means you might not see friends and staff that you have been missing, we can all hook up with pals, Zoom or maybe all meet in the park and keep up that 6 feet social distance. After the pandemic is over, we can all talk about which CDS center you want to attend.

Getting to the program:

- If you take PACE, we expect rides may be a little slower and less reliable than before, at least at first. You should wear a mask on PACE. PACE vehicle deep cleaned daily and wiped down at intervals throughout the day.
- If you are transported to and from the day program via a family member, please be advised that you may need to wait until there is sufficient time to screen members entering the building before you can exit the vehicle.

When you get to the program:

- You will be asked questions about how you feel and your temperature will taken. If you have symptoms of COVID 19 or your temperature is 100.4 or above, you will need to return home.
  - As a reminder, if you feel unwell or have any of the signs or symptoms associated with COVID-19, please stay home and consult your primary care physician for further instruction. If anyone in your home or you think you've been exposed to anyone with COVID-19 symptoms, please take extreme precaution and stay home, until you've consulted your primary care physician.
- Everyone must wear a mask while attending a CDS program and should arrive at the program wearing a mask. Extra masks will be available if needed. Your mask must cover both your nose and your mouth all of the time. The only time it is ok to take your mask off is when it is lunchtime or you are taking a "mask break" outside. Any time your

mask is off, whether it is while eating or taking a mask break, you must be absolutely sure you are 6 ft. away from everyone else.

- You must wash your hands for at least 20 seconds.
- Our lockers are close together and do not allow room for 6 ft. social distancing. Because
  of this, we ask that you bring everything you need for the day in a backpack or tote bag
  that can stay with you at your seat. You should not bring items that you don't need.
  Please bring a lunch that does not need to be refrigerated or heated. Your lunch should
  remain with you in your backpack or tote bag.
- Your group size will be no larger than 10 people, including staff.
- Everyone in your group must social distance and remain at least 6 ft. away from everyone else. If you all live in the same CILA, you might not be asked to follow social distancing rules. Staff will tell you what is required.
- There will be taped markings on the floor, signs and flagging to be sure everyone is maintaining social distance. Your staff will show you the markings and explain how to use them.
- Groups will be in separate rooms or, if sharing a large space, will be 30 ft. apart. You will be able to visit with people from other groups but you will not be able to be close to them.
- Contact with different people will be kept to a minimum. Groups will not mix.
- We will go outside as much as possible.
- We will take turns using popular spaces/equipment in our programs. All shared space/equipment will be sanitized before being used by another group. When possible, only one group will use a space/equipment each day.
- Materials may not be shared or passed from one person to another. Only materials able to be sanitized will be used.
- Hand sanitizer will be available in the programming area. Frequent hand washing will occur.

### Using the washroom

- Washrooms will be monitored from outside the stall as appropriate to make sure everything stays clean and you wash your hands correctly.
- Only 1 person at a time will use the washroom. If you have a bathroom emergency, tell staff and an exception can be made.
- The washroom fixtures you use will be wiped down after each use.
- A timer will be used to ensure you wash your hands for at least 20 seconds.
- Washrooms will be cleaned every 2 hours.

## Cleaning

- High touch surfaces such as desks, table-tops, door handles, light switches, etc. will be cleaned every 2 hours.
- Wheelchair / walker handles will be disinfected after each touch point by a staff person.

- Any shared assistive technology will be disinfected after each individual use.
- The program will be cleaned each day after members leave in preparation for the following day.
- Only COVID 19 approved cleaning products will be used.

### Lunch

- Disposable plates/cups/utensils will be used.
- Sorry, no microwaves or refrigerators will be available.
- Sorry, no vending machines will be available.
- After we all learn to be safe and social distance and wipe off surfaces at our programs, we may be able to bring refrigerators, microwaves and vending machines back.
- Drinking fountains will be turned off. Water will be available in individual serving cups/bottles.
- You can't share any of your lunch with your friends.
- Please bring a lunch that you can eat as independently as possible.

#### When we go out

- Masks must be worn while on trips into the community.
- Only safe locations will be chosen, outdoor destinations are preferred.
- CTA will not be used.
- PACE may be used for transportation to/from community locations.
- Our vans can be used in a limited capacity. Masks must be worn in our vans. Windows must be down several inches. Unless passengers live together in the same house, there can be only one person per bench seat, sitting in a staggered fashion.
- Staff will have hand sanitizer and extra PPE on outings.

If a member tests positive for COVID 19:

- If you test positive for COVID 19, you must show 2 negative tests before returning to the program.
- The building will be closed until it is professionally cleaned. No one will use the building until that time.
- If you are exposed to a person (closer than 6 ft. for 15 minutes or more while wearing a mask) who tests positive, you will be notified and requested to quarantine for 14 days and watch for symptoms.
- We will change our procedures in keeping with changes in CDC/Dept. of Public Health recommendations